

 NL Health Services Pathology and Laboratory Medicine	Section: Management System\EH Laboratories\External Collector Documents\Guidelines\	
	Title: Test Menu and Transport - Externally Collected Specimens	Number: 21123
	Effective Date: 9/16/2025	Version: 9.0
		Status: Current

Transport Requirements and Test Menu Externally Collected Specimens

Drop-off time for specimens is no later than:

- **13:00 (1:00 pm) for Carbonear**
- **14:00 (2:00 pm) for all other sites**

Specimens must be packaged in appropriate containers that meet Transportation of Dangerous Goods regulations for containment measures and validated to maintain appropriate temperature requirements for the individual test as noted on the test menu.

Communications related to external communications EHLabcollections@easternhealth.ca In “Subject Line” name the site of specimen drop-off. Private patient information *is not* permitted.

Urgent matter related only (e.g., patient safety issue, related to specific patient) call:

- Health Sciences: 777-6001
- St. Clare’s: 777-5415
- Public Heath/Microbiology: 777-7237
- Carbonear: 945-5041
- All other sites: call the local laboratory number.

To minimize interruptions to workflow at the lab, use the email above for communications unless there is an urgent patient safety matter that requires reaching out the laboratory urgently. In that case, please use the phone number noted above.

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Specimen Transport Requirements			
Test	Transport Conditions	Target Collection to Delivery Time	Maximum Collection to Delivery Time
Uncentrifuged Whole Blood			
CBC	Room Temp or Refrigerate Refrigerated Preferred	2 hours	4 hours
HbA1c	Room Temp or Refrigerate Refrigerated Preferred	3 hours	6 hours
INR	Room Temperature Only	3 hours	6 hours
Flow Cytometry Tests	Follow temperature requirements in Test Menu	3 hours	See Test Menu Instructions
Lactate Dehydrogenase	Room Temperature Only	1 hour	1.5 hours
All other Biochemistry	Room Temperature Unless otherwise specified in Test Menu	2 hours	3 hours
All other tests	Follow Test Menu Requirements	3 hours	6 hours
Centrifuged Serum or Plasma			
All Centrifuged Specimens	Follow test menu requirements	3 hours	6 hours
Urine			
Routine Urinalysis	Room temp or refrigerate	3 hours	6 hours
Microalbumin	Refrigerate	3 hours	6 hours
Pregnancy Test Urine	Refrigerate	3 hours	6 hours
Urine drug screens	Refrigerate	3 hours	6 hours
Urine Culture & Sensitivity	Room temp or refrigerate	3 hours	6 hours

Target Time:

- Best for specimen quality and patient safety.
- Most accurate test results.
- Improves laboratory processing time.
- Specimens accepted beyond Target time may require review to ensure it is acceptable for testing

Maximum Time:

- Extenuating circumstances only.
- Risk of exceeding the maximum time to allow specimen to be tested.
- Less efficient for laboratory processing so may take longer to be tested.

External Collectors Test Menu

- Only tests listed in the External Collectors Test Menu are permitted for collection external to the health authority.
- Pay attention to ***"Special Processing and Handling Instructions."*** Specimens submitted in improper conditions cannot be accepted for testing.
 - If unable to maintain the specimen in the appropriate condition or specific temperatures noted, then send patient to laboratory to have it collected.
 - If no temperature specified in ***"Special Processing and Handling Instructions"*** or ***"Transport Requirements"*** the preference for best quality specimen is to store and ship refrigerated but room temperature is acceptable if transported within the Target transport times.
- Collect additional tube for each test written into the "additional tests" box on the requisition.
- Acceptance or rejection of specimens is determined by quality standards in compliance with policy LAB-040 *Laboratory Medicine Specimen Acceptance and Rejection Criteria*.
- Maternal Serum Screen (MSS): Must be collected at NL Health site as per Biochemist request, due to specimen handling requirements.

Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Acetylcholine Receptor Antibody Panel	ACHRABP	SD	Biochemistry - Specimen Dispatch	SST (Gold)	
Alanine Aminotransferase	ALT	CH	Biochemistry	SST (Gold)	
Albumin	ALBUM	CH	Biochemistry	SST (Gold)	

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Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Albumin/Creatinine Ratio (Microalbumin)	MALCPU	U	Biochemistry	Random Urine No Preservative	Refrigerate
Alkaline Phosphatase	ALP	CH	Biochemistry	SST (Gold)	
Allergens Performed at HSC					
Almond	ALME	R	Biochemistry	SST (Gold)	Centrifuge, aliquot and freeze.
Boxelder	BOXE	R	Biochemistry	SST (Gold)	Centrifuge, aliquot and freeze.
Cat Dander	CATDE	R	Biochemistry	SST (Gold)	Centrifuge, aliquot and freeze.
Crab	CRAE	R	Biochemistry	SST (Gold)	Centrifuge, aliquot and freeze.
Dermatophagoides Farinae	DEARE	R	Biochemistry	SST (Gold)	Centrifuge, aliquot and freeze.
Dermatophagoides Pteronyssir	DPTEE	R	Biochemistry	SST (Gold)	Centrifuge, aliquot and freeze.
DUST Allergy Group	DUSTG	R	Biochemistry	SST (Gold)	Centrifuge, aliquot and freeze.
Dog Dander	DOGEE	R	Biochemistry	SST (Gold)	Centrifuge, aliquot and freeze.
Egg White	EGGWE	R	Biochemistry	SST (Gold)	Centrifuge, aliquot and freeze.
Fish (Cod)	FISE	R	Biochemistry	SST (Gold)	Centrifuge, aliquot and freeze.
Grass Allergen Mix 1	GRAM1E	R	Biochemistry	SST (Gold)	Centrifuge, aliquot and freeze.
Hazelnut	HAZE	R	Biochemistry	SST (Gold)	Centrifuge, aliquot and freeze.
Lobster	LOBE	R	Biochemistry	SST (Gold)	Centrifuge, aliquot and freeze.
Milk	MILE	R	Biochemistry	SST (Gold)	Centrifuge, aliquot and freeze.
Mold Allergen Mix2	MOAM2E	R	Biochemistry	SST (Gold)	Centrifuge, aliquot and freeze.
Peanut	PEAE	R	Biochemistry	SST (Gold)	Centrifuge, aliquot and freeze.
Shrimp	SHRE	R	Biochemistry	SST (Gold)	Centrifuge, aliquot and freeze.
Sliver Birch	SILBE	R	Biochemistry	SST (Gold)	Centrifuge, aliquot and freeze.
Wheat	WHEE	R	Biochemistry	SST (Gold)	Centrifuge, aliquot and freeze.

Allergens Referred Out					
ALFALFA IgE	ALFALE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>
AMOXICILLIN IgE	AMOE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>
AMPICILLIN IgE	AMPE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>
ANCHOVY IgE	ANCHOE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>
ANTI PROLIFERATING CELL NUCLEAR ANTIGEN Ab (PCNA NOT P-ANCA for P-ANCA order GVDS)	SACABP	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>
APPLE IgE	APPE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>
APRICOT IgE	APRE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>
ASPARAGUS IgE	ASPAE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>
ASPERGILLUS FUMIGATUS IgE	ASPFE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>
ASPARAGUS NIGER IgE	ASPNIIE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>

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AVOCADO IgE	AVOE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
BANANA IgE	BANE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
BARLEY IgE	BARE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
BASS IgE	BASE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
BAYLEAF IgE	BAYLEE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
BEAN IgE (Includes White bean, pinto bean, white kidney bean, haricot bean, navy bean)	MISC	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
BEEF IgE	BEEE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
BLACKBERRY IgE	BLACKE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
BLUEBERRY IgE	BLUE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
BLUE MUSSEL IgE	BLUME	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
BRAZIL NUT IgE	BRANE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	

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BUMBLE BEE IgE	BUMBEE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
CANARY FEATHER IgE	CANFEE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
CANDIDA ALBICANS IgE	CANALE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
CANTELOPE (Order MELON IgE)	MELE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
CARROT IgE	CARRE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
CASEIN IgE	CASEIE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
CASHEW NUT IgE	CASNE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
CEDAR IgE	CEDARE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
CELERY IgE	CELEE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
CHEDDAR IgE	CHEDE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
CHERRY IgE	CHEE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	

CHICKEN IgE	CHIE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
CHICKEN FEATHER IgE	CHIFEE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
CHICKPEA IgE	CHIFE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
CINNAMON IGE	MISC	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
CITRUS IgE (specify type ORANGE, LEMON, GRAPEFRUIT)	ORAE, LEME, GRAFRE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
CLAM IgE	CLAE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
COCOA IgE	COCOE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
COCONUT IgE	COCE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
COFFEE IgE	COFFEE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
CORIANDRUM SATIVUM Ab.IgE	CORIAE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
CORN IgE	CORNE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	

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COW WHEY IgE	COWWHE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
CRAWFISH IgE	CRAWFE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
CUCUMBER IgE	CUCUME	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
CUMIN IgE	MISC	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
DANDELION IgE	DANE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
DUST ALLERGEN MIX 2 IgE (Group of tests which includes DERMATOPHAGOIDES FARINAE IgE + DERMATOPHAG.PTERONYSSINUS IgE)	DUAM2G	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
EGG YOLK IgE	EGGYE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
EPIDERMIS ALLERGEN MIX 1 IgE	EPIAME	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
FEATHER MIX IgE	MISC	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
FISH MIX IgE (COD, HERRING, MACKEREL, PLAICE)	FISME	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	

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FLAX IgE	FLAXE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
FLOUNDER IgE	FLOE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
FLOWERING PLANT IgE (specify flower - DANDELION)	DANE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
FUR IgE (specify type of fur DOG/CAT DOGEE/CATDE done in Chem lab)	MISC	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
GALACTOSE-ALPHA-1,3-GAL AB IgE	GALABE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
GARLIC IgE	GARE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
GIANT RAGWEED IgE	GIARE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
GLUTEN IgE	GLUTEE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
GOAT MILK IgE	GOAMIE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
GOLDEN ROD IGE	MISC-Not available	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
GRAPE IgE	GRAE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	

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GRAPEFRUIT IgE	GRAFRE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
GRASS ALLERGEN MIX 2 IgE	GRAM2E	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
GREEN BEAN IgE (includes string bean, snap peas, common bean, string bean, wax bean, haricot)	GREBE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
GREEN PEA IgE	MISC	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
GREEN PEPPER IgE	GREPE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
HALIBUT IgE	HALE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
HADDOCK IgE	HADE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
HAMSTER EPITHELIUM IgE	MISC	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
HONEY IgE	HONE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
HONEY BEE IgE	HONBE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
HORSE DANDER IgE	HORDE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	

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INSULIN BOVINE IGE	INSBOE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
KIWIFRUIT IgE	KIWE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
LATEX IgE	LATE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
LEMON IgE	LEME	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
LENTILS IgE	LENTIE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
LIMA BEAN IgE	MISC	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
LIME IgE	LIMEE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
MACADAMIA IgE	MACE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
MACKEREL IgE	MACKE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
MANDARIN IgE	MANDAE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
MANGO IgE	MANE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	

MELON IgE	MELE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
MOUSE EPITHELIUM IgE	MOUEPE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
MUSHROOM IgE	MUSE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
MUSTARD IgE	MUSTE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
OAT IgE	OATE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
ONION IgE (includes Red Onion)	ONIE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
ORANGE IgE	ORAE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
OREGANO IgE	OREGAE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
OVALBUMIN IgE	OVAE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
OVOMUCOID IgE	OVOE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
OYSTER IgE	OYSE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	

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PAPAYA IgE	PAPAYE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
PAPER WASP IgE	PAPWE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
PARROT FEATHER IgE	PARFEE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
PEA IgE	PEAIGE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
PEACH IgE	PEACE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
PECAN/HICKORY NUT IgE	PECNE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
PEANUT COMPONENT PANEL PEANUT (rARA h1 h2 h3 h8 h9) IgE	PEACOP	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
PEAR IgE	PEARE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
PENICILLIN PROFILE (PENICILLIN G IgE, PENICILLIN V IgE, AMPICILLIN IgE, AMOXICILLIN IgE)	PEN	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
PENICILLIN G IgE	PENGE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
PENICILLIN V IgE	PENVE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	

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PINE IgE	PINEE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
PINEAPPLE IgE	PINE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
PINE NUT IgE	PINNUE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
PISTACHIO IgE	PISE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
PL-7 MYOSITIS RELATED ANTIGENS (Myopathy/Myositis profile)	MISC	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
POLLEN IGE have to be specific...tree, grass....	Not available	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
POLLOCK IgE	POLLOE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
POPPY SEED IgE	POPSEE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
PORK IgE	PORE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
PROLIFERATING CELL NUCLEAR ANTIGEN ABS	MISC	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
QUINOA IgE	QUINOE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	

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RABBIT EPITHELIUM IgE	MISC	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
RASPBERRY IgE	RASPE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
RED KIDNEY BEAN IgE	REDKBE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
RED TOP GRASS IgE	REDTGE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
RICE IgE	RICE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
RYE IgE	RYEE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
SACCHAROMYCES CER Ab IgE	SACCABE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
SALMON IgE	SALE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
SARDINE IgE	SARPIE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
SCALLOP IgE	SCAE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
SESAME SEED IgE	SESSE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	

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SOLUBLE LIVER ANTIGEN IgG ANTIBODY	SLAG	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
SOYBEAN IgE	SOYE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
SQUID SPECIES IgE	SQUSE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
STRAWBERRY IgE	STRE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
SUNFLOWER SEED IgE	SUNSEE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
SWEET VERNAL GRASS IgE	SWEVGE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
TARRAGON IgE	TARRAE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
TILAPIA IgE	TILAPE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
TIMOTHY GRASS IgE	TIMOE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
TOBACCO IGE	TOBE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
TOMATO IgE	TOME	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	

TREE ALLERGEN MIX 1 IgE	TREAM1E	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
TREE ALLERGEN MIX 6 IgE	TREAM6E	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
TUNA IgE	TUNE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
TURKEY MEAT IgE	TURME	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
VANILLA IgE	VANILE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
WALLEYE PIKE IgE	WALPIE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
WALNUT IgE	WALE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
WATERMELON IgE	WATE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
WEED MIX 1 IgE	WEAM1E	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
WEED MIX IgE (Screen profile for Common Ragweed, Mugwort, Daisy, Dandelion, Goldenrod)	WEAM5E	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	
WHITEFACED HORNET IgE	WHIHE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>	

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Test Name		Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions	
WHITEFISH IgE		WHITEE		SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>
WILD RYE GRASS IgE		WILRGE		SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>
YELLOW HORNET IgE		YELHE		SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>
YELLOW JACKET IgE		YELJE		SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>
YOGURT IgE (Lactobacillus bulgaricus)		MISC		SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze. <i>LTSA form required.</i>
Alpha-1-Antitrypsin	A1ATR	CH	Biochemistry - Special Immunochemistry		SST (Gold)		
Alpha-1-Fetoprotein	ALFET	HC	Biochemistry		SST (Gold)		
Amiodarone (Therapeutic Drug)	AMIOD	SD	Biochemistry - Specimen Dispatch		Serum - Red Tube	Record time of last dose and record time of collection.	

Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Amylase	AMYLA	CH	Biochemistry	SST (Gold)	
ANA / ACA Panel Anti-nuclear antibody / Anti-cellular antibody	ANACAP	R	Biochemistry - Special Immunochemistry	SST (Gold)	
Anti-CCP (Anti cyclic citrullinated peptide)	CYCPAB	CH	Biochemistry	SST (Gold)	
Anti-LKM (Microsomal antibody) Anti Liver Microsomal antibody	LIVMIC	R	Biochemistry - Special Immunochemistry	SST (Gold)	
Anti-Mitochondria (Mitochondria antibody)	MITAB	R	Biochemistry - Special Immunochemistry	SST (Gold)	
Anti-Parietal cell (Parietal cell Antibody)	PARCAB	R	Biochemistry - Special Immunochemistry	SST (Gold)	
Aspartate Aminotransferase	AST	CH	Biochemistry	SST (Gold)	
B. Burgdorferi antibody IgG + IgM (Lyme disease serology) Borrelia burgdorferi	BBURABGM	SR	Public Health and Microbiology Laboratory	SST (Gold)	

Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Beta 2 Micro globulin	B2MIC	R	Biochemistry - Special Immunochemistry	SST (Gold)	
Beta HCG	BHCG	CH	Biochemistry	SST (Gold)	
Bile Acids	BILAC	SD	Biochemistry - Specimen Dispatch	Serum - Red Tube	
Bilirubin Conjugated	BILCO	CH	Biochemistry	SST (Gold)	Protect from bright light - deliver to lab immediately
Bilirubin Total	BILTO	CH	Biochemistry	SST (Gold)	Protect from bright light - deliver to lab immediately
Blood Type and Antibody Screen (Type and Screen)	BLTYABS	BB	Transfusion	1 Pink (EDTA) 6 ml	
Bone Marrow Donor Screen Panel	BOMDSP	SR	Public Health and Microbiology Laboratory	2 SST (Gold)	
C Reactive Protein	CRPHS	CH	Biochemistry	SST (Gold)	
Calcium (with albumin)	CALCI	CH	Biochemistry	SST (Gold)	

Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Cancer Antigen 125	CANAG125	HC	Biochemistry	SST (Gold)	
Cancer Antigen 19-9	CANAG199	CH	Biochemistry	SST (Gold)	
Carbamazepine (Tegretol) Therapeutic Drug	CARBA	CH	Biochemistry	SST (Gold)	Record time of last dose and record time of collection
Carcinoembryonic Antigen	CARAG	HC	Biochemistry	SST (Gold)	
CBC Complete Blood Count	CBC	H	Hematology	EDTA (Lavender)	Reflexed smear/morphology or retic count must be processed within 4 hours of collection.
CD4/CD8 Ratio	CD4/CD8	I	Flow Cytometry	EDTA (Lavender)	Store and Ship at Room Temperature Must be accompanied by a fully completed Flow Cytometry Requisition ch-0771 <i>Do not</i> package with refrigerated specimens. Label shipping container with " Do Not Refrigerate - Flow Cytometry Samples Inside " Comment on specimen tracking log "Do Not Refrigerate - Flow Cytometry Samples Inside" Deliver to lab Monday to Thursday only.
Ceruloplasmin	CERUL	CH	Biochemistry - Special Immunochemistry	SST (Gold)	

Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Chloride	CHLOR	CH	Biochemistry	SST (Gold)	
Cholesterol	CHOLE	CH	Biochemistry	SST (Gold)	If fasting: 12-hour fast required
Cholesterol In HDL	HDL	CH	Biochemistry	SST (Gold)	If fasting: 12-hour fast required
Chromogranin A	CHRA	SD	Biochemistry - Specimen Dispatch	SST (Gold)	
CO2	CO2	CH	Biochemistry	SST (Gold)	
Complement C3	COMC3	CH	Biochemistry - Special Immunochemistry	SST (Gold)	
Complement C4	COMC4	CH	Biochemistry - Special Immunochemistry	SST (Gold)	
Cortisol	CORTI	HC	Biochemistry	SST (Gold)	
Chronic Hepatitis B Monitoring (HBe-Ag/ HBe-Ab/ HBV DNA; PCR/VIRAL LOAD)	CHHBMP	SR	Public Health and Microbiology Laboratories	3 x SST	

Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Creatine Kinase	CREKI	CH	Biochemistry	SST (Gold)	
Creatinine / eGFR	EGFR	CH	Biochemistry	SST (Gold)	
Creatinine; Urine	CREU	U	Biochemistry	Random Urine No Preservative	Refrigerate
C. trachomatis & N gonorrhea. DNA Panel - Urine Chlamydia trachomatis Neisseria gonorrhoeae	CTNGDPU	SR	Public Health and Microbiology Laboratory	Collect Urine in Cobas PCR Transport Medium Sterile urine collection cup accepted.	Sterile urine cup sample will be transferred to transport media upon receipt in the laboratory.
Cyclosporine Peak (Therapeutic Drug)	CYCPE	J	Mass Spectrometry	EDTA (Lavender) Collect whole blood peak level sample precisely 2h after the last dose taken.	Separate EDTA tube required for this test. Sample must be kept as whole blood in original container. Mix the whole blood but do not centrifuge the tube. Provide the date and time of collection and of the last dose taken.
Cyclosporine Trough (Therapeutic Drug)	CYCTR	J	Mass Spectrometry	EDTA (Lavender) Collect whole blood trough level sample immediately before the next scheduled dose.	Separate EDTA tube required for this test. Sample must be kept as whole blood in original container. Mix the whole blood but do not centrifuge the tube. Provide the date and time of collection and of the next scheduled dose.

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Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Cystic Fibrosis Genetic Test Panel		G	Molecular Genetics	Read Genetics Requisition for Collection Instructions	DO NOT FREEZE Send copy of Genetics Requisition with specimen
Cytomegalovirus Antibody IgG (Immune Status)	CMVG	SR	Public Health and Microbiology Laboratory	SST (Gold)	
Cytomegalovirus Antibody IgM (Diagnosis)	CMVM	SR	Public Health and Microbiology Laboratory	SST (Gold)	
Cytomegalovirus DNA;BLD;PCR (Blood)	CMVDBP	MR	Public Health and Microbiology Laboratories	2 x EDTA (Lavender)	Do not spin. Ship refrigerated Monday to Wednesday only. Sample referred to public health lab for analysis. “The Laboratory Test Special Authorization Form” is required. It must be completed by physician and accompany test order requisition and sent for approval by Microbiologist on Call (MOC).
Cytomegalovirus FLD;PCR (Fluid)	CMVDPF	MR	Public Health and Microbiology Laboratories	Sterile Container	Sample referred to public health lab for analysis. “The Laboratory Test Special Authorization Form” is required. It must be completed by physician and accompany test order requisition and sent for approval by Microbiologist on Call (MOC).
Dehydroepiandrosterone Sulfate (DHEAS)	DHEAS	CH	Biochemistry	SST (Gold)	
Digoxin (Therapeutic Drug)	DIGOX	CH	Biochemistry	Serum - Red Tube	Record time of last dose and record time of collection.

Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Direct Antiglobulin Test	DAT	BB	Blood Bank	1 EDTA (Pink or Lavender) (Pink Is Preferred)	
DS DNA Antibody (Ab) Anti DNA Double Strand ed (Quantitative)	DNADSAB	SD	Biochemistry - Specimen Dispatch	SST (Gold)	
ENA / Specific ACA Panel Extractable nuclear antigen / Anti-cellular antibody	SACABP	R	Biochemistry - Special Immunochemistry	SST (Gold)	
Epstein Barr Virus Antibody Panel (EBV Serology)	EBVABP	SR	Public Health and Microbiology Laboratory	SST (Gold)	
Epstein Barr virus (DNA; PCR/VIRAL LOAD)	EBVDPVL	SR	Public Health and Microbiology Laboratory	2 EDTA (Lavender) Must collect separate tube with no other tests on same tube.	
Erythrocyte Sedimentation Rate (ESR)	ESR	H	Hematology	1 EDTA (Lavendar)	Tests will only be processed for patients with Hodgkin's Lymphoma, Polymyalgia Rheumatica, a Rheumatological Disorder or Temporal Arteritis. This must be indicated on the requisition
Erythropoietin	EPOIE	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Clot at room temperature. Centrifuge, aliquot and freeze as soon as possible.

Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Estradiol	ESTRA	HC	Biochemistry	SST (Gold)	
Everolimus Trough	EVETR	J	Mass Spectrometry	EDTA (Lavender) Whole Blood Collect whole blood trough level sample immediately before the next scheduled dose.	Separate EDTA tube required for this test. Sample must be kept as whole blood in original container. Mix the whole blood but do not centrifuge the tube. Provide the date and time of collection and of the next scheduled dose.
Ferritin	FERRI	CH	Biochemistry	SST (Gold)	Collect 30 minutes after end of infusion. Record time of last dose and record time of collection
Folate (Serum Folate)	FOLAT	SD	Biochemistry - Specimen Dispatch	SST (Gold)	It must be delivered to lab within 1.5 hours of collection. Specimen must be centrifuged within 2 hours of collection. Centrifuge, aliquot and freeze.
Follicle Stimulating Hormone (FSH)	FSH	HC	Biochemistry	SST (Gold)	Specimen must be centrifuged within 1 hour of collection.
Free Testosterone (Testosterone; Free, TEST;FREE)	TESFR	SD	Biochemistry - Specimen Dispatch	Red Tube	SST NOT ACCEPTABLE. Minimum volume 2.5mL. Centrifuge, aliquot and freeze. Sent to Mayo.
Fructosamine	FRUCTO	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze.

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Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Gamma Glutamyl Transferase	GGT	CH	Biochemistry	SST (Gold)	
Gentamicin Trough extended interval dosing	G6HPREI	CH	Biochemistry	SST (Gold) Collect 6 hours before the next dose.	Record time of last dose and record time of collection
Gentamicin Peak	GENPE	CH	Biochemistry	SST (Gold)	Record time of last dose and record time of collection
Gentamicin Trough	GENTR	CH	Biochemistry	SST (Gold)	Record time of last dose and record time of collection
Glucose	GLUFLU	CH	Biochemistry	Sodium Fluoride (Grey)	If serum collected <i>inadvertently</i> (SST or red top tube) deliver within one hour of collection.
Glucose; 50 g challenge	G1HP50GGO	CH	Biochemistry	SST (Gold)	Fasting for 8 hours required. Collect sample 1 hour after a 50 g glucose drink. Record the time the drink was started, and the time the specimen was taken.
H. Pylori Helicobacter Pylori Antibody (IgG)	HPYLABG	SR	Public Health and Microbiology Laboratory	SST (Gold)	
Herpes Simplex Virus 1+2 Antibody (IgG)	HSV12ABG	SR	Public Health and Microbiology Laboratory	SST (Gold)	
Haptoglobin	HAPTO	CH	Biochemistry - Special Immunochemistry	SST (Gold)	

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Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Hematologist cc profile	HEMECCP	N/A	Various	See For Each Individual Test	See collection instructions for each individual test included. • electrolytes (potassium, sodium, chloride. CO2) • urea nitrogen • glucose • creatinine / eGFR • LD • AST • ALT • ALP • Bili Total • Bili Conjugated (not on list for collection. • Urate • Phosphate • Calcium • Protein (total) • Albumin • CBC
Hemochromatosis Mutation Analysis	HEMMA	G	Molecular Genetics	Read Genetics Requisition for Collection Instructions	DO NOT FREEZE Send copy of Genetics Requisition with specimen
Hemoglobin A1C (HbA1c, Total Hemoglobin)	HBA1CTHB	CH	Biochemistry	EDTA Tube (Lavender)	

Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Hemoglobin fractionation panel (Hemoglobin electrophoresis)	HBFRP	R	Biochemistry - Special Immunochemistry	2 EDTA (Lavender)	CBC and Ferritin must be ordered and collected as well
Hemophilia Viral Study	HEMO	SR	Public Health and Microbiology Laboratory	SST (Gold)	
Hepatic Function Panel (Alkaline Phosphatase plus Alanine amino transferase)	HEPFUP	CH	Biochemistry	SST (Gold)	
Hepatitis A Virus Antibody IgG (Immune Status)	HAVABG	SR	Public Health and Microbiology Laboratory	SST (Gold)	Immune status can be performed on same tube as HBSAG. In most cases this test is all that is ordered for hepatitis "A"
Hepatitis A Testing (acute)	HAVABM	SR	Public Health and Microbiology Laboratory	SST (Gold)	
Hepatitis B Virus core antibody IgM	HBCABM	SR	Public Health and Microbiology Laboratory	SST (Gold)	
Hepatitis B Immunity	HBSAB	SR	Public Health and Microbiology Laboratory	SST (Gold)	
Hepatitis B Virus Surface Antigen	HBSAG	SR	Public Health and Microbiology Laboratory	SST (Gold)	
Hepatitis C virus RNA; PCR (diagnosis)	HCVRP	SR	Public Health and Microbiology Laboratory	3 SST (Gold)	

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Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Hepatitis Diagnosis Screening Panel (B & C)	HEPDX	SR	Public Health and Microbiology Laboratory	2 SST (Gold)	
Herpes Simplex Virus Antibody Panel	HSVABP	SR	Public Health and Microbiology Laboratory	SST (Gold)	
HIV 1 RNA; PCR viral load	HIV1RPVL	SR	Public Health and Microbiology Laboratory	2 EDTA (Lavender)	
HIV (1+2 Antibody + HIV1 p24 Antigen)	HIVS	SR	Public Health and Microbiology Laboratory	SST (Gold)	
HLA B27	HLA B27	G	Molecular Genetics	Read Genetics Requisition for Collection Instructions	DO NOT FREEZE Send copy of Genetics Requisition with specimen
HTLV 1+2 Ab	HTLV12AB	SP	Public Health and Microbiology Laboratory	SST (Gold)	
IgA	IGA	CH	Biochemistry - Special Immunochemistry	SST (Gold)	
IgE	IGE	R	Biochemistry	SST (Gold)	

Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
IgG	IGG	CH	Biochemistry - Special Immunochemistry	SST (Gold)	
IgM	IGM	CH	Biochemistry - Special Immunochemistry	SST (Gold)	
Immunoglobulin Panel (IgG, IgA, IgM)	IMMUNP	CH	Biochemistry - Special Immunochemistry	SST (Gold)	
INR	PTI	CG	Coagulation	Sodium Citrate (Blue)	Store and Ship at Room Temperature <i>Do not</i> package with refrigerated specimens. Label shipping container with "Do Not Refrigerate" Will be rejected if not completely full. Plasma to anticoagulant ratio is critical for this test. Do not Centrifuge
Insulin	INSUL	CH	Biochemistry	SST (Gold)	
Insulin Like Growth Factor	INLGFBP3	SD	Biochemistry - Specimen Dispatch	SST (Gold)	
Iron & IBC Panel (FE-IBC)	IRIBCP	CH	Biochemistry	SST (Gold)	Fasting a.m. specimens collected before patient is given therapeutic iron. Iron analysis should be delayed seven days if a transfusion has been given.
JC & BK Virus DNA Panel (Polyomaviruses)	JCBKVPD	MR	Public Health and Microbiology Laboratory	EDTA (Lavender)	Spin sample and separate within 24 hrs.

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Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Lactate Dehydrogenase (LD)	LD	CH	Biochemistry	SST (Gold)	Uncentrifuged must be delivered to lab within one (1) hour
Lamotrigine (Therapeutic Drug)	LAMOT	SD	Biochemistry - Specimen Dispatch	Serum - Red Tube	
Lead, Whole Blood	LEABL	SD	Biochemistry - Specimen Dispatch	DB NAHEP (Dark Blue)	<u>DO NOT CENTRIFUGE.</u> Whole Blood required. Refrigerate.
Leukemia Study (peripheral blood)	LEU	I	Flow Cytometry	EDTA (Lavender)	Must be accompanied by a fully completed flow cytometry requisition ch-0771 Label shipping container with " flow cytometry samples inside " Deliver to lab Monday to Thursday only.
Light Chains Free Panel (Serum Free Light Chains)	LIGCFP	R	Biochemistry - Special Immunochemistry	SST (Gold)	Must have own tube collected
Lipid Panel (Fasting or Non-Fasting)	LIPIDP	CH	Biochemistry	SST (Gold)	
Lipoprotein a	LIPOA, LAP, Lp(a)	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze as soon as possible.
Lipoprotein b		SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze as soon as possible.

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Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Lithium (Therapeutic Drug)	LITHI	CH	Biochemistry	SST (Gold)	
Luteinizing hormone (LH)	LH	HC	Biochemistry	SST (Gold)	
Magnesium	MAGNE	CH	Biochemistry	SST (Gold)	
Measles Virus Antibody IgG (Immune Status)	MEAVABG	SR	Public Health and Microbiology Laboratory	SST (Gold)	
Methotrexate	MTREX	CH	Biochemistry	SST (Gold)	Protect from Light
Molecular Genetics Collection: Requisition must be kept with Specimen(s)	MOLLAB	G	Molecular Genetics	Read Genetics Requisition for Collection Instructions	Send copy of Genetics Requisition with specimen.
Mullerian Inhibiting Substance (Anti-Mullerian Hormone)	MULIS	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Full tube, 2mL serum required.
Neutrophil Cytoplasm Antibody Panel (PANCA - Antineutrophil Cytoplasmic Antibodies)	VASCUP	R	Biochemistry - Special Immunochemistry	SST (Gold)	

Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Occupational exposure source panel	OCCESP	SR	Public Health and Microbiology Laboratory	SST (Gold)	
Occupational exposure worker panel	OCCEWP	SR	Public Health and Microbiology Laboratory	SST (Gold)	
Occupational health serology	OHS	SR	Public Health and Microbiology Laboratory	SST (Gold)	
Osmolality Serum	OSMOL	CH	Biochemistry	SST (Gold)	
Osmolality Urine	OSMU	U	Biochemistry	Random Urine Collection Container or Clear (non-additive) with BD collection System.	
Parathyroid Hormone Intact	PTH	HC	Biochemistry	EDTA (Lavender)	
Parvovirus B19 Antibody IgG	PARB19ABG	SR	Public Health and Microbiology Laboratory	SST (Gold)	
Parvovirus B19 Antibody Panel	PARB19ABP	SR	Public Health and Microbiology Laboratory	SST (Gold)	

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Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Pediatric serology panel (Oncology)	PERSERG	SR	Public Health and Microbiology Laboratory	SST (Gold)	
Phenobarbital (Therapeutic Drug)	PBARB	CH	Biochemistry	SST (Gold)	Record time of last dose and record time of collection
Phenytoin /Dilantin (Therapeutic Drug)	PHENY	CH	Biochemistry	Serum - Red Tube	Record time of last dose and record time of collection
Phosphate	PHOSP	CH	Biochemistry	SST (Gold)	
PNH Study by Flow Cytometry	FLOWPNH	I	Flow Cytometry	EDTA (Lavender)	Store and Ship at Room Temperature Must be accompanied by a fully completed Flow Cytometry Requisition ch-0771 <i>Do not</i> package with refrigerated specimens. Label shipping container with "Do Not Refrigerate - Flow Cytometry Samples Inside" Comment on specimen tracking log "Do Not Refrigerate - Flow Cytometry Samples Inside" Deliver to lab asap (as soon as possible).
Porphyrins; RBC	PORRBC	SD	Biochemistry - Specimen Dispatch	EDTA (Lavender) Protect from Light	Refrigerate and <u>Protect from light</u>
Potassium	POTAS	CH	Biochemistry	SST (Gold)	

Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Prealbumin	PREAL	CH	Biochemistry - Special Immunochemistry	SST (Gold)	
Pregnancy Test; Urine	PRETU	U	Biochemistry	Random Urine - No Preservative Early morning urine sample required	Refrigerate
Prenatal Screen	PNS	H, CH, SR	Hematology, Biochemistry PHML	1 EDTA (Lavender), 2 SST (Gold)	Part of test panel for prenatal screen. Includes CBC and screening for: HIV, rubella, syphilis, and hepatitis Health care provider should also order for Blood Type and Screen - requires separate EDTA (pink)
Progesterone	PROGE	HC	Biochemistry	Serum - Red Tube	
Prolactin	PROLA	HC	Biochemistry	SST (Gold)	
Prostate Specific Antigen	PSA	CH	Biochemistry	SST (Gold)	
Protein Creatinine Panel; Urine (PR/CR Ratio Urine)	PROCPU, PCR, PCRU, UPCR	U	Biochemistry	Random Urine Collection Container or Clear (non-additive) with BD collection System.	First morning urine preferred. Refrigerate

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Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Protein Electrophoresis Panel	SPE	CH	Biochemistry - Special Immunochemistry	SST (Gold)	
Reticulocyte/CBC	RET	H	Hematology	EDTA (Lavender)	Deliver to lab asap-processing & testing must be completed within 4 hours.
Rheumatoid Factor	RHEFA	CH	Biochemistry - Special Immunochemistry	SST (Gold)	
Rubella Virus Antibody IgG (Immune Status)	RUBVABG	SR	Public Health and Microbiology Laboratory	SST (Gold)	
Salicylates	SALIC	CH	Biochemistry	SST (Gold)	Record time of last dose and record time of collection.
Sirolimus Trough (Therapeutic Drug; Transplant)	SIRTR	J	Mass Spectrometry	EDTA (Lavender) Whole Blood Collect whole blood trough level sample immediately before the next scheduled dose.	Separate EDTA tube required for this test. Sample must be kept as whole blood in original container. Mix the whole blood but do not centrifuge the tube. Provide the date and time of collection and of the next scheduled dose.

Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Smear Morphology Panel/CBC (SMEAR/CBC)	SMEMOP, SM	H	Hematology	EDTA (Lavender)	Deliver to lab asap-processing & testing must be completed within 4 hours.
Smooth Muscle Antibody	SMOMAB	R	Biochemistry - Special Immunochemistry	SST (Gold)	
Sodium	SODIU	CH	Biochemistry	SST (Gold)	
Streptolysin O Antibody (ASOT/ASO)	STROAB	CH	Biochemistry - Special Immunochemistry	SST (Gold)	
Syphilis Screen (Treponema Pallidum Antibody)	TPALAB	SR	Public Health and Microbiology Laboratory	SST (Gold)	
T3 Free	T3FR	CH	Biochemistry	SST (Gold)	
T4 Free	T4FR	CH	Biochemistry	SST (Gold)	

Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Tacrolimus Trough (Therapeutic Drug)	TACTR	J	Mass Spectrometry	EDTA (Lavender) Whole Blood Collect whole blood trough level sample immediately before the next scheduled dose.	Separate EDTA tube required for this test. Sample must be kept as whole blood in original container. Mix the whole blood but do not centrifuge the tube. Provide the date and time of collection and of the next scheduled dose.
Testosterone	TESTO	CH	Biochemistry	SST (Gold)	
Theophylline (Therapeutic Drug)	THEOP	CH	Biochemistry	SST (Gold)	Record time of last dose and record time of collection
Therapeutic Drug Monitoring	Varied common one's listed by drug name	CH	Biochemistry	SST (Gold)	Record time of last dose and record time of collection.
Thiopurine Methyltransferase; RBC (TPMT)	TPUMR	SD	Biochemistry - Specimen Dispatch	EDTA (Lavender)	Refrigerate whole blood Collect all day Mon & Tuesday. **Wed-only** collect by 10 am
Thyroglobulin + Thyroglobulin Antibody	THYROGLOBULIN	HC	Biochemistry	SST (Gold)	Do Not Remove Stopper
Thyroperoxidase Antibody (ATPO)	THYPAB	CH	Biochemistry	SST (Gold)	

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Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Tissue Transglutaminase Antibody IgA (TTG)	TTGABA	R	Biochemistry	SST (Gold)	
Tobramycin Peak (Therapeutic Drug)	TOBPE	CH	Biochemistry	SST (Gold)	Collect 30 minutes after infusion. Record time of last dose and record time of collection.
Tobramycin Pre-Dose 6 Hours (Therapeutic Drug)	T6HPREI	CH	Biochemistry	SST (Gold)	Record time of last dose and record time of collection.
Tobramycin Trough (Therapeutic Drug)	TOBTR	CH	Biochemistry	SST (Gold)	Record time of last dose and record time of collection.
Total Protein	PROTE	CH	Biochemistry	SST (Gold)	
Toxoplasma gondii antibody IgG	TGONABG	SR	Public Health and Microbiology Laboratory	SST (Gold)	
Toxoplasma gondii antibody panel	TOXGABP	SR	Public Health and Microbiology Laboratory	SST (Gold)	
Treponema pallidum antibody	TPALAB	SR	Public Health and Microbiology Laboratory	SST (Gold)	
Transferrin	TRANS	CH	Biochemistry	SST (Gold)	
Triacylglycerol Lipase	TRILI	CH	Biochemistry	SST (Gold)	

Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Triglyceride	TRIGL	CH	Biochemistry	SST (Gold)	If fasting: 12-hour fast required
Troponin I Cardiac	TRO1C	CH	Biochemistry	Lithium Heparin (Light Green)	
Tryptase	TRYPT	SD	Biochemistry - Specimen Dispatch	SST (Gold)	Centrifuge, aliquot and freeze as soon as possible.
TSH (With Reflex FT4 and/or FT3)	TSH	CH	Biochemistry	SST (Gold)	
Urea Nitrogen	URENI	CH	Biochemistry	SST (Gold)	
Uric Acid	URATE	CH	Biochemistry	SST (Gold)	

Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Urinalysis Panel	URINAP	U	Biochemistry	Preserved Urine - Red & Yellow Speckled Top Urinalysis Tube (Urine Collection with Preservation System) Several hours of urinary continence before collection may be necessary to provide a specimen with sufficient quantity suitable for analysis.	If specimen volume is too low to completely fill the required preservation tubes, the patient must be directed to recollect in most cases. Urine culture and routine urinalysis require separate specimen collection containers following instructions on the document #7013 Urine Collection Preservation and quick reference #17937 available on the Eastern Health Website.
Urine Drug Confirmation Screen	DRUCSU	J	Mass Spectrometry	Random Sample (No preservative)	Refrigerate Specimens only accepted from addictions treatment centres, pain management clinics, and methadone clinics

Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Urine; Culture	URINCU	B	Public Health and Microbiology Laboratory	Preserved Mid-Stream Urine – Grey Top C&S Tube (Urine Collection with Preservation System)	If specimen volume is too low to completely fill the required preservation tubes, the patient must be directed to recollect in most cases. Urine culture and routine urinalysis require separate specimen collection containers following instructions on the document #7013 Urine Collection Preservation and quick reference #17937 available on the Eastern Health Website.
Valproate	VALPR	CH	Biochemistry	SST (Gold)	Record time of last dose and record time of collection.
Valproate / Epival (Therapeutic Drug)	VALPR	CH	Biochemistry	SST (Gold)	Record time of last dose and record time of collection.
Vancomycin Peak	VANPE	CH	Biochemistry	SST (Gold)	Collect 60 minutes after completing infusion. Record time of last dose and record time of collection.
Vancomycin Trough (Therapeutic Drug)	VANTR	CH	Biochemistry	SST (Gold)	Record time of last dose and record time of collection.
Varicella Zoster Virus Antibody IgG (Immune Status)	VZVABG	SR	Public Health and Microbiology Laboratory	SST (Gold)	Used for Immune status
Varicella Zoster Virus Antibody Panel (Diagnosis)	VZVABP	SR	Public Health and Microbiology Laboratory	SST (Gold)	Used for diagnosis

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Test Name	Test Mnemonic	Prefix	Testing Laboratory	Specimen Collection Container	Special Processing and Handling Instructions
Viral Hepatitis A, B And C (Diagnosis)	HEPDX	SR	Public Health and Microbiology Laboratory	SST (Gold)	Used for diagnosis
Viscosity, Serum	VISS	H	PHML - serology	2 Serum - Red Tube	Must be full tube
Vitamin B1	VITB1BL	SD	Biochemistry - Specimen Dispatch	EDTA (Lavender)Protect from Light	Refrigerate Protect from light
Vitamin B12	VITB12	CH	Biochemistry	SST (Gold)	Two full tubes, MMA reflex testing may be required.
Vitamin D (25 Hydroxy Vitamin D)	VITD25	CH	Biochemistry	Serum - Red Tube	
ZINC	ZINC	SD	Biochemistry - Specimen Dispatch	DB NAHEP (Dark Blue)	Centrifuge, aliquot and freeze.